

# GROOMING FOR MEN

First impressions are last impressions, and the first thing most people notice is your face. A lack of proper grooming detracts people from what you are saying, and prevents you from making a good initial impression. Proper skin and hair care is as important for men today, as for women in a competitive world where everyone wants to put their best foot forward and appear their best.

## Grooming for Men

An important aspect of grooming is to use quality products for men. Another important factor is to know that certain things can fit among your friend-circle, fine enough, but may not be appreciated at work.

## Grooming

Here is a list of tips that one should follow while grooming for an interview –

- Avoid low-waist trousers as they tend to accentuate the belly region.
- A clean-shaved look, complemented with short haircut is preferred for men although individual religious sentiments are always taken into consideration.



- Excessive male jewelry distracts; only one gemstone ring is acceptable.





- Use gel to smoothen strands of hair *don't overuse*. Don't back-comb as that gives a slightly over-friendly hint

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