

## Assertiveness – Practice Session 2

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Read the following situations. Think what would be the best way to deal with them:

1. **Your boss** approaches you at your desk late in the evening, just when you were leaving, and asks you to stay back late that evening and help him in filing an important report:

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2. **Your best friend** asks you to write her an application for Sick Leave that she can produce in front of her supervisor. You are very busy with your work.

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3. **Your colleagues**, with similar experience levels, are getting paid higher than you. You have got a promotion but there was no raise in your salary. You decide to have a word with your boss about this.

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4. **Your friend** and you purchased a blender but on reaching home and trying it for the first time, you find that it doesn't work. You return to the shop and ask for a replacement but the salesperson won't listen.

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